

Herbs

Conditions

ACEROLA CHERRY	High in natural Vitamin C, also high in Vitamin B-1 which provides a sense of well being.
ALFALFA	Arthritic conditions, pituitary, bowel cleaner, absorbs body odors, stops excessive sweating, absorbs poisons, duodenal ulcer
ALL HEAL	All purpose herb, sore throat, diarrhea
ALOE (AFRICAN BITTER)	Joints, stomach, white spots in mouth (fungus)
ALUM ROOT	Astringent for wrinkles, aftershave, diarrhea
ANGELICA	Digestion, colds, anti-gas, flavoring
ARNICA	External use for lower cholesterol, emotional shocks, electrical shock, sprains, bumps, pain, tooth pain
ASHWAGANDHA	Improved sexual function, energy, concentration, lung problems
ASTRAGULUS	Immune system builder
BARBERRY	Warts, normalize appetite, convalescence, lymphatic system, break "bad habits"
BASIL	Gas, cramping, relax the nerves, increase flow of milk in mothers
BAYBERRY	Liquefy and drain sinuses, shrink and dissolve polyps of all kinds
BEE POLLEN	Energy, hormonal support, low blood sugar, longevity, solar plexus, polarity balancer, important for lysine, protein, B-Complex
BEE PROPOLIS	Antibiotic, anti-putrefaction agent
BEET ROOT	(Beta Crassa) Liver cleanser and source of sulfur compounds, potassium, magnesium and trace element boron. Provides folic acid for proper cell division of all body parts including nail and hair growth.
BILBERRY	Eye problems, improve vision, night blindness, high Vitamin C, macular degeneration, gravel in urinary system
BISTORT	Expectorant, cuts mucus loose from lungs and respiratory tract
BITTER ORANGE	Allergies, hay fever, pollen, pollution, emotional upsets, bronchitis, asthma.
BLACK COHOSH	Female estrogen hormone source, menopause, over aggressive men, poisonous bites, spiders, mosquito bites, strings, snake bites, chills, fever, sluggish feeling, important poison antidote, hives, spinal meningitis
BLACK CURRANT	Purifying, eyesight, flush kidneys, energize the body
BLACK WALNUT	Parasites, restore nerve flow after shock, tooth enamel, autonomic nervous system
BLACK WALNUT MEATS	High in Manganese, strengthens ligaments, foot odor
BLADDERWRACK	Weight loss, thyroid, used in kidney problems, important mineral source
BLESSED THISTLE	Good body oxygenator, lungs, heart, brain, important for L-dopamine, increase milk flow for mothers, loss of memory, brain anemia
BLUEBERRY LEAF	Sugar, diabetes
BLUE COHOSH	Epilepsy, regulate monthly cycle, childbirth, secondary syphilis
BLUE FLAG	Lymphatic, clean vein to liver
BLUE VERVAIN	Calms nerves, clean uterus walls, cleans cattle after birth
BONESET	Flu, colds, fever, aches
BORAGE	"Joy in mind", discomfort of chest and throat
BREWER'S YEAST	Energy, promote digestion, B-Complex source, protein source
BUCHU	Kidney, urinary pain, bladder discomfort, prostate irritation, lower back pain, coats kidney stones

BUCKTHORN	Laxative, gout, uric acid
BUGLEWEED	Heart, circulation, soften hardening of arteries and veins, regulate heart beat, pituitary gland
BURDOCK	Liver, skin, boils, acne, carry dead cells out of the body
BUTCHER'S BROOM	Healthy cell growth, clean veins, hemorrhoids, circulation, "water on the brain"
CALENDULA	Stops bleeding, bowel and intestinal adhesions, gall bladder, white birth marks, soften scar tissue
CAPSICUM	Stop unnatural bleeding, prevents strokes, stop heart attacks, stomach ulcers, mucus, nerves, anxiety, energy, blood clots, hemorrhoids, stops hemorrhage during period
CARPENTER'S SQUARE	Lymphatic cleanser, spleen, tonsils, fig warts
CARROT ROOT	Bioactive vegetable source of non-toxic Vitamin A for skin and eyes, flushes out mucus
CASCARA SAGRADA	Excellent laxative, non habit forming, tones lazy bowel, encourage bile flow, expels and dissolves gall stone
CATNIP	Nerves, flu, fevers, gall bladder remedy, digestive aid, nervous high blood pressure, colic, expels gas, high in selenium
CEDAR BERRY	Restores the function of the pancreas so the pancreas will eat up the "bad cells" in itself and anywhere else in body.
CELANDINE	External use only , Diuretic, bowel purge, rheumatism, gout, liver, swelling of the gall bladder, sedative
CELERY SEED	Diuretic, swollen conditions
CHAMOMILE	Baby and children's remedy, also "big babies", rub on gums for teething, pineal gland, stomach, stop smoking, nerves
CHASTE TREE BERRY	Relieve torments of menopause
CHESTNUT LEAF	Varicose veins, hemorrhoids, spider veins, dissolve and prevent blood clots
CHICKWEED	Lose weight, dissolve fat, soften abnormally hardened tissues and structures, ears, restoring hearing, bronchial aid
CHICORY	Clean spleen, lymphatic, liver, low blood sugar, clean mucus which prevents normal absorption and secretions of the body, uric acid neutralizer, gout
CHIPPEWA PINE	Natural source of Vitamin C, colds, flu, repair connective tissue, elimination of "free radicals", if you like pycnogenol, you'll love this
CHLORELLA	Concentrated form of chlorophyll. Environmental poison antidote.
CHUCHUHUASI	Builds the immune system, bad cells, infections, restore and maintain vigor of sexual activity, repel mosquitoes
CILANTRO	Antibiotic, aphrodisiac, calmativ for the stomach, and discomfort of rheumatism.
CINCHONA BARK	Malaria, kills blood parasites
CLAVA HUASCA	(White Clove) Increases women's sexual desire
CLEAVERS	Kidney, goiter, bad cells
CLOVES	Settles stomach, toothache pain, kills parasite eggs that lead to bad cells and pain from the bad cells
COLTSFOOT	Coughs, stops smoking
CORNSILK	Sensitive kidneys, prostate, balance body acids to kidney, bedwetting, coat kidney stones
CRAMPBARK	Stops cramping, aid child birth, male & female fertility
CRANESBILL	Removes wrinkles due to enlarged pores, sore mouth, bleeding gums, mercury poisoning, removes heavy metals
CUDWEED	(Life Everlasting) form of organic Lithium, swollen tonsils, moth repellent
CULVER'S ROOT (Black Root)	Bowel cleaner

DAMIANA	Both sexes sexual stimulant, frigidity, repair severed nerves, restore feeling to tips of body, hot flashes
DANDELION LEAF	High in vegetable source vitamin A (non harmful type), potassium, skin, sinus
DANDELION ROOT	Mineral storehouse, organic iron, sodium, sulfur and others, joints, stomach, liver cleaner, skin disorders
DEVIL'S CLAW	Deteriorating bones, reversing conditions of arthritis
DONG QUAI	Female herb especially women of child bearing age, regulates estrogen levels, alleviate blood clots, menstrual cramping
DULSE	Thyroid, cold hand, feet, tip of nose, unusual fears, nightmares, anxiety, goiter, excessive sweating
ECHINACEA	Antibiotic, chronic conditions, cysts on body and around tooth root, give with laxative if dissolving growth of cyst, raise immunity
ELDERBERRY	Herb for all seasons, sexual stimulant for both sexes, longevity, colds, flu
ELECAMPANE	Complete systems overhaul, especially lungs and digestive tract, bronchial cleaner, removes asbestos from lungs, diabetes, clean internal surfaces
EUCALYPTUS	Colds, coughs, dry spot behind nose and upper throat, antibiotic, prolapsed uterus
EVENING PRIMROSE	Depression, M.S., brain, spinal cord, skin problems
EYEBRIGHT	Most all eye problems, restore retina, oxygenation of head
FALSE UNICORN ROOT	Impotence, anxiety, upset stomach, fluid retention, gas, colic, general tonic, give with Crampbark for male and female fertility or to prevent miscarriage
FENNEL	Curb appetite, enrich mother's milk, digestive aid, flavoring
FENUGREEK	Cleanse mucus, dissolves cholesterol, bronchia catarrh
FEVERFEW	Sore joints, migraine, headache, reduces fever, induces sweating, inflammation of lungs
FIG	Ulcers, stomach, intestines
FLAX	Dissolves cholesterol, reduces triglycerides, injuries
FRENCH VANILLA	Lifts spirits, tastes good, sexual stimulant, perfume
GARLIC	Cleaner, heart and blood pressure problems, antibiotic, slimming, vaginal douche
GENTIAN	Excellent digest aid, oxgenator, diabetes, breaks down fat deposits, arteriosclerosis, bad cells, antibiotic, nerves, ear infections
GINGER	Digest aid, excellent anti-gas, circulation, kind to women, energy
GINKGO	Keeps energy flowing to the brain and nervous system, improves memory, strokes, low blood sugar
GOLDEN BOUGH	Non-harmful parts of mistletoe, worn out nerves, at the end of your rope, high blood pressure from nerves, epilepsy, prevent recurrent bad cells, high in zinc
GOLDEN SEAL	Powerful antibiotic, activates other herbs, varicose veins, stomach, diabetes
GOLD THREAD	Produces disgust for alcohol when combined with Golden Seal, pinworms, apply to ulcers in mouth, stomach ulcers, picky eaters
GORSE	Hopelessness, despair (from Dr. Bach's work)
GOTU KOLA	Brain fatigue, memory, parasitic swellings
GRAPE SEED	Antioxidant, free radical scavenging properties, pycnogenol
GRAVEL ROOT	Dissolves stones and waste mineral deposits, kidneys, impotence
GREASEWOOD	Fungus, yeast, detergent for heavy accumulation ration of waste when taken with bowel cleaners, antibiotic, eyes, Vitamin B-1, arthritis, bad cells, anti-fungus, douche
(GREEN HULL) BLACK WALNUT	Kill parasites
GROUND IVY	Specific for removing lead and its poisoning effects from the body, acquired immunity deficiencies

HAWTHORN	Heart, heart valves, rebuild heart and circulatory system, dilate blood vessels to normal
HE SHOU WU	(FO-Ti) High in selenium, cardiovascular
HIBISCUS FLOWER	High in chromium and selenium, regulates blood sugar
HOODIA	Lose appetite, lose weight
HOPS	Nerves, sleep female hormones, skin conditions
HOREHOUND	Coughs, cold, chest pain
HORSETAIL	(Shavegrass) silicon source, strong nerves, nails, elastic skin and hair, slow but deep acting, drive out heavy metals and pushes foreign objects out of body, genetic cleaner, transmutes to calcium in the body as needed
HYDRANGEA	Kidneys, urinary diuretic, eliminate swelling and fluid retention
HYSSOP	(Biblical) Cleanse, reconditions mucus membranes both respiratory and gastro intestinal, increase circulation and reduce blood pressure, lymphatic, spleen malfunction
INDIAN TOBACCO	Nerves, spasms, rub on "charlie horse", cramping, poison antidote, asthma, empty stomach, food poisoning, correct bronchials, medulla
INKBERRY	(Poke root) Bad Cells, remove heavy metals, skin rashes, awakens entire glandular system, drive out heavy metals including mercury
IRISH MOSS	Joints, cartilage turning stiff, rebuild connective tissues, high in magnesium
JERUSALEM ARTICHOKE	Nutrient herb, wild sunflower root, diabetic food, very active enzyme, does not require insulin for digestion
JEWELL WEED	Poison ivy, diuretic, moisturizer, tones and protects the skin
JUNIPER BERRIES	Digest aid, kidneys, immunity, adrenal supplement
KELP	Metabolism, cold hands and feet, high in minerals, diuretic, burns calories
KLAMATH WEED	(St. John's Wort) shaking disorders, bedwetting, sciatic, stress, depression
KNITBONE	(Comfrey) Heal broken bones, build strong bones, lung, bruises, bumps, restore rapid healthy cell growth, ulcer in mouth, sticks to hurt spots to form a protective healing patch
KOREAN GINSENG	Energy, glandular nutrients, germanium source for arthritis sufferers, nerve food, "well being", hormonal
KUDZU	Alcohol abuse
LADY'S SLIPPER ROOT	Exhausted nervous system, migraines, epilepsy, blood pressure, irritable coughing, hiccup
LAPACHO	Bad cells, candida, arteriosclerosis, genetic leaner, prevent bad cells, oxygenator, arthritis
LEMON GRASS	Colds, headache, stomach ache, abdominal cramps
LICORICE ROOT	Adrenal nutrients, stamina, allergies, anti-stress, low blood sugar, takes place of cortisone, menopause, helps as hormone source after hysterectomy
LINDEN	Calming the nerves
MACA	Nourishes the pituitary, hypothalamus, pineal glands. Used for men and women, increased fertility and increased sexual function. For women during menopause to relieve hot flashes, corrections of menstrual disorders, vaginal lubrication emotional balance
MALE FERN	Tape worms, parasites, adhesions
MARSHMALLOW	Swollen tonsils, mumps, swollen testicles, coats kidney stones, bladder infections, soothe inflammation and irritations
MAYAPPLE	Vomiting cause by liver and gall bladder, constipation, mucus, jaundice, pinworms, bad cells of testicle
MEADOWSWEET	Natural aspirin, colic, fever, painful urination

MILK THISTLE	Protector and detoxified of the liver, useful in rebuilding damaged livers, devour poisons
MILKWEED	Inflamed stomach, joints, lymphatic, warts
MOTHERWORT	Heart, repair kidneys if protein leaking into urine (Brights Disease)
MUGWORT	Worms, digest aid, motion sickness, sea sickness, leg pains, important for B6
MULLEIN	Disorders of lungs, testicles, tonsils, support to thymus gland, bleeding from bowel or lungs
MULLEIN OIL	Joint problems, apply to prevent stretch marks, earaches
MYRRH	Antibiotic, healer, gums, catalyst herb, itching, virus infections, nerves
NETTLE	Skin, promotes circulation, lets down mother's milk, kidneys
NUTMEG	Nausea, vomiting, gas, diarrhea
OAT STRAW	Excellent silicon source, strong nerves, skin and hair, acne, boils, slower acting but deep acting remedy, calcium
OIL OF CAJEPUT	Yeast infections, antibiotic, cuts thick chronic mucus, aromatic, inhale to open congested nose, apply to skin problems, congested chest or sore throat
OLIVE LEAF	Antibiotic, virus, bacteria, fungal, parasites
OREGON GRAPE	Strong lymphatic cleaner (use with bowel cleaner), tumors, obstructions, liver and blood cleanser
OSHA	Anti-tumor, anti bad cells, raise immunity
PARSLEY	Excellent iron source, energy, diuretic, sodium and potassium for joints and muscles, B-Complex, Vitamin C, enemy of tumors, neutralizes excess stomach acid
PARTRIDGE BERRY	(Squawvine) Excellent female herb, all urinary complaints
PASSION FLOWER	Nerves, anxiety, female hormones, high blood pressure
PEACH LEAF	Hair
PENNYROYAL	Ensure regular period, apply externally to keep away insects, clean out stagnant blood
PEPPERMINT LEAF	Rich potassium source, strong muscles, tastes good diluted in water as a tea, settles stomach, stabilizes blood sugar and normalizes other mineral levels especially calcium, magnesium sodium and iron
PEPPERMINT OIL	Oxygenator, settles stomach, motion sickness, apply to headache area, refreshes breath, cooling, apply to temples, forehead, tongue and back of neck if fever
PSYLLIUM SEED HUSK (CAPSULES)	Available in capsule only. Adds bulk to the bowel, lubricates and exercise intestines, lowers cholesterol
PIPSISSEWA	Venereal disease, fluid retention, poor urinary flow, pus and/or blood in urine, joint problems due to gonorrhea, chronic relaxed bladder
PLANTAIN	Poison antidote, mosquito bites, bee stings, blood poisoning, wet gauze applications for poison ivy, herpes and fever blisters apply directly to area, same for throat and inflamed fingernails, enriches mother's milk, draws foreign objects from body. Take daily to neutralize environmental poisons as can be done with Black Cohosh or Virginia Snake Root
PLEURISY ROOT	(Orange Butterfly Milkweed) Lungs, high blood pressure, warts, remove fluid from lungs and around heart, good all around children's remedy in small amounts, increase skin moisture, bronchitis, relieves difficulty in breathing
POTENTILLA	Loose teeth, spongy bleeding gums, ulcerated mouth and throat, mix with honey for hoarseness, cools inflammation, cleans out tumors
PRICKLY ASH	Sweeps away fatigue, safe stimulant to nervous system, toothache, sore roots of teeth and gums, helpful in paralysis of tongue and mouth, increase moisture if dry mouth, adrenals

PROTEIN	The best of pre-digested milk proteins, easily digested, low blood sugar, diabetics, take regularly for four months for youthful stamina, convalescence, raise immunity
PUMPKIN SEED	Worms, parasites, prostate, important for zinc, bedwetting
PURPLE LOOSESTRIFE	Eye problems of all kinds, blindness, shock, yeast infections
PYGEUM	Reduces inflammation of the male prostate gland and normalizes prostate fluids
QUACK GRASS	High in Selenium, prostate, joints, gout, bladder, urinary
QUINCE	Skin softener and conditioner.
RED CLOVER	Blood builder, mineral source
RED RASPBERRY LEAF	Take all during pregnancy, makes an excellent tea for both sexes
RED ROOT	(Blood Root) Apply directly and or internally for skin problems
REISHI MUSHROOM	Chronic fatigue, breathing problems, liver problems, deactivate "free radicals"
RICE BRAN	High in non-yeast source B-Complex, low blood sugar, energy, well being, better nerves function, healthy skin and eyes
ROSEMARY	Hair, retain hair color, night sweats, nightmares, stimulates hormones, add to shampoo
ROYAL JELLY	Stress, gives the entire hormonal system a pleasant boost especially for women, can be applied to aged skin to smooth and repair it, very high in pantothenic acid, infertility
RUE	Sharpens eyesight, keep away bugs, tennis elbow, ensures period
RUPTUREWORT	Ruptures, mineral salts for the blood, promotes and encourages strong muscles, encourages healthy cell growth, eye problems.
SAFFLOWER	Produces normal stomach acid, digest vitamins and minerals better, anemia, iron source, reduces uric acid, high or low blood sugar
SAGE	Restores hair, sexual stimulant, activates medulla, reverse fibrous tumors in women
SANICLE	Herbal bulldozer, dissolves tumors
SARSAPARILLA	Energy, hormonal for both sexes, venereal disease, hot flashes, genetic cleanser
SASSAFRAS	Antidote for tobacco and tobacco smoking, sober up, dissolves blood clots, thins the thick blood, excellent spring tonic, spray on poison ivy or make wet gauze applications
SAW PALMETTO	Excellent, especially for men but also used for women to ensure proper sexual development and function, applied externally enlarges breast for women in many cases, promotes firm flesh weight
SCULLCAP	Calms nerves and repairs nerves, hysteria, shaking disorders
SENNA	Bowel cleaner, generous supply of magnesium, colds, flu
SHEEP SORREL	Vitamin C source, anti bad cells
SHEPHERD'S PURSE	Kidneys, stop excessive menstruation, internal bleeding of lungs, intestine, hemorrhoids, fevers, ringing in the ears, high and low blood pressure, tone bowels
SIBERIAN GINSENG	Stamina, safe stimulant, take with protein, anti-stress, energy, well being, adrenal nutrient, allergies
SKUNK CABBAGE	Nerves, epilepsy, antispasmodic, whooping cough, hay fever, anxiety, convulsions
SLIPPERY ELM	Nutrient, healer, clean out appendix area, clean gas pockets, coats sore throat, apply dry herb powder to sores, bed sores, wounds
SOLOMON'S SEAL	External use only Bumps, bruises, acne
SOW THISTLE	Energy (used often by rabbits), quick pick-me-ups
SPIKENARD	Expectorant to remove mucus, lungs, throat, blood purifier, acne, uric acid, sore joints, gout
SPIRULINA	Possess a multitude of vitamins and minerals, high vegetable protein, RNA, DNA
SPRING VIOLET	Hearing problems, bad cells of tongue and/or throat, skin rashes
ST. JOHN'S WORT	(St. John's Wort) shaking disorders, bedwetting, sciatic, stress, depression

STILLINGIA	Digest aid, cystic fibrosis, promotes normal stomach acid, speeds healing
STONE ROOT	Dissolves stones and cleans heart valves and blood vessel valves of mineral deposits, hemorrhoids, all rectal complaints
STRAWBERRY LEAF	Tonic to regulate body, eczema, night sweats
SUNFLOWER SEED	High in Vitamin D, strong healthy bones and teeth, anti-stress properties, high in essential oils
SUTHERLANDIA	The mischief caused by viruses and their poisons can be unraveled and corrected. Sutherlandia also works on the tumor causing viruses called retroviruses.
SWEET ROOT	(Calamus Root) Strong digest aid, bad cells, builds immunity, digest debris from body, prevent flu, oxygenator
TANSY	Ensures period, shrinks tumors rapidly, parasites
TART CHERRIES EXTRACT	Natural source of Melatonin, helps unclog arteries and has also been known to be effective in shrinking tumors.
THYME	Calms nerves, thymus gland in chest, high iron, promotes immunity, nightmares, colic, gas, ill-disposition, strengthen lungs
TRUE AMERICAN GINSENG	Counteracting stress, building stamina, increasing longevity with health
TRUE SAFFRON	Female hormones, hot flashes, menopause, digest aid, restores nerve flow to damaged nerves
TURKEY RHUBARB	Constipation or flush out diarrhea, weight loss through colon cleanse
UNA DE GATO	(Cat's Claw) Arthritis, rheumatism, bad cells, gastritis, irregularities of the female cycle, raise immunity
UVA URSI	Kidneys, bladder, clean spleen, clear up white discharge, iron
VALERIAN ROOT	Sleep, silicone source, rest, Parkinson's
VINCA	(Periwinkle) High blood pressure, leukemia specific, hair loss, to make pair bonding stronger in a marriage
VIRGINIA SNAKE ROOT	Poison and virus antidote, stimulant, poison bites of all kinds, heart and circulation, cold hands and feet
WAHOO	Liver, gall bladder cleanser (use in small amounts), assists pancreases and spleen
WHEAT GERM	Natural source of complete Vitamin E Complex, high in B-Complex, breathe easier, nourishes eyes, reproductive nourishment
WHITE OAK BARK	Varicose veins, hemorrhoids, sinus problems gums, loose teeth, antibiotic, ulcerative colitis, wet gauze for external applications to varicose veins, mouth ulcers
WHITE POND LILY	For all male, female disorders, diuretic
WHOLE APRICOT	Bad Cells, bad cells preventative, B-17, B-15, natural cyanide content kills only bad cells
WILD CHERRY BARK	Coughs, colds, (ingredient of original Smith Bro.'s cough drops) whopping cough, TB
WILD LETTUCE	Calms nerves, give for pain, important for natural iodine, migraine, toothache
WILD ROSE HIPS	Natural source of Vitamin C, connective tissue, neutralize poisons, build immunity, stimulants peristalsis, colds, coughs, healthy tissue, healer, repair blood vessels, stops bruising, helps absorb calcium
WILD YAM	(Black Willow) Sinus liquefy and drain, mucus, sickle-cell anemia, aids women's hormones for progesterone
WILLOW	Natural aspirin, headache, fevers
WINTERGREEN OIL	Natural Aspirin, Fibromyalgia, Rheumatoid Arthritis, joint muscle, tendon, bone and nerve pain. Astringent, expels mucus, relieves gas, stimulant, brings on stubborn menstrual flow.
WOOD BETONY	Oxygenator, heal all, excellent general purpose herb, glaucoma, migraines, headaches

WORMSEED	Worms, round worms, parasites, keeps bugs away
YARROW	Oxygenator, nerves, diabetes, colon virus, yeast infections, anti-viral, important for natural sodium (non harmful type), bedwetting
YELLOW DOCK	Iron, energy, detergent, itching, clean the liver, shingles, dilute and wet gauze for external application to area
YERBA SANTA	Lungs
YOKUM	African aphrodisiac, especially good for men, hot flashes, promotes sexual function
YUCCA	Keeps body from drying out, lubricates joints, restores skin moisture, glaucoma