

EMOTIONAL FREEDOM TECHNIQUES
FREE* Discover EFT
Workshop



Don't take someone else's word for it...

Now you can experience the power and simplicity of EFT for yourself

Adonai Group Inc. presents a FREE Discover EFT Workshop

Facilitator - Estell Porter BA, Life Coach, EFT-ADV

Based on impressive new discoveries involving the body's subtle energies, EFT has been clinically effective in thousands of cases for **Stress, Trauma & Abuse, Panic & Anxiety, Fears & Phobias, Depression, Addictive Cravings, Children's Issues** and hundreds of **physical symptoms** including **pain relief, headaches, back pain and breathing difficulties**. Properly applied, over 80% achieve either noticeable improvement or complete cessation of the problem. It is the missing piece to the healing puzzle.

...Often works where nothing else does.

...Usually rapid, long lasting and gentle.

...Easily learned by anyone.

...Can be self applied.

- *Learn the simplified Short-Cut version of EFT*
- *Experience EFT's rapid results*
- *Ease or eliminate physical pain*
- *Dissolve stress*
- *Find peace of mind and get to sleep at night easily*
- *Like your body better and become more confident in yourself*
- *Stop snacking and get to feel relaxed and satisfied instead*
- *Free yourself from self doubt, fear and anxiety about money, love, health*
- *Have a fabulous tool to calm crying children - and others too*
- *Easily achieve and keep your ideal weight, appreciate yourself*

Places Strictly Limited
TELEPHONE
BOOKING REQUIRED
Estell
832.643.8491

2603 Cartwright Rd. Missouri City, TX 77459

1 1/2 hour introduction to EFT (7 p.m. – 8:30 p.m.)

(*\$10 for materials (handouts and Personal Peace Technique book)